Milestones for mini mouths

NEWBORN

Bacteria from your mouth can pass to your baby’s mouth so part of taking care of your newborn’s mouth is **caring for your own oral health**

0 TO 5 MONTHS OLD

You’re beginning to see that **adorable smile**

Start protecting it by wiping baby’s gums with a soft, clean cloth after each feeding.

6 TO 12 MONTHS OLD

Baby is cutting his first tooth

Start protecting it by wiping baby’s gums with a soft, clean cloth after each feeding.

1 YEAR OLD

Make sure your baby has a **dental check-up by his/her 1st birthday**

If you don’t have anywhere to take your baby, ask your pediatrician to check his/her teeth and for a dental referral.

Adapted from the American Academy of Pediatric Protect Tiny Teeth Toolkit, 2019