

Milestones for mini mouths



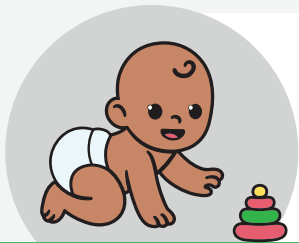
NEWBORN

Bacteria from your mouth can pass to your baby's mouth so part of taking care of your newborn's mouth is

caring for your own oral health



Brush your teeth twice a day, clean between your teeth, and get a dental check-up every 6 months



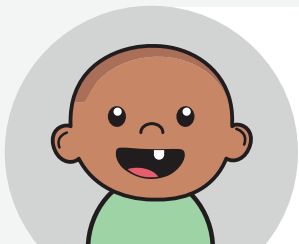
0 TO 5 MONTHS OLD

You're beginning to see that

adorable smile



Start protecting it by wiping baby's gums with a soft, clean cloth after each feeding.

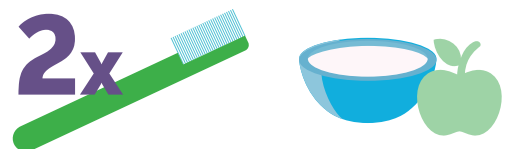


6 TO 12 MONTHS OLD

Baby is cutting his first tooth

Start brushing that tooth twice a day

using a smear of toothpaste



When baby is ready for solid food choose things with no added sugar



1 YEAR OLD

Make sure your baby has a

dental check-up by his/her 1st birthday



If you don't have anywhere to take your baby, ask your pediatrician to check his/her teeth and for a dental referral.